



NAPPY CHANGING AND PERSONAL CARE POLICY

Catkins Preschool

July 2022

Intimate care can be defined as care tasks of an intimate nature associated with bodily functions, body products and personal hygiene which demand direct or indirect contact with or exposure of the genitals. Examples include: care associated with continence and help with changing of undergarments, wiping up soiled messes from bottoms etc.

Children's dignity will be preserved and a high level of privacy, choice and control will be provided to them. Staff who provide intimate care to children have a high awareness of safeguarding issues. Staff behaviour is open to scrutiny and staff at Catkins Pre-School work in partnership with families to provide continuity of care to young children wherever possible.

Catkins Pre-School is committed to ensuring that all staff responsible for intimate care of children will undertake their duties in a professional manner at all times. Catkins Preschool recognises that there is a need to treat all children with respect when intimate care is given. No child should be attended to in a way that causes distress or pain.

Our approach to best practice

All children who require intimate care are treated respectfully at all times: the child's welfare and dignity is of paramount importance.

As a basic principle children will be supported to achieve the highest level of autonomy that is possible given their age and abilities. Staff will encourage each child to do as much for themselves as they can. This may mean, wiping their own bottoms, undressing after soiling etc. Parents are given the opportunity to tell us how much their child can do for themselves on the All About Me form.

Each child's right to privacy will be respected. Careful consideration will be given to each child's situation to determine how many carers might need to be present when a child needs help with intimate care. Where possible, one child will be cared for by one adult.

Parents/carers will be involved with their child's intimate care arrangements on a regular basis verbally. The needs and wishes of children and parents will be carefully considered alongside any possible constraints e.g. staffing and equal opportunities legislation

Personal Care

- The door to the toilet must remain open at all times.
- Protective gloves must be worn when supporting personal care routines.
- Allow children to care for themselves as far as possible and encourage them to carry out aspects of intimate care to promote independence.

- Soiled garments must be securely wrapped in a nappy bag and placed into the child's work.
- Staff to communicate with the child at all times during personal care procedures, ensuring the child is consulted about routines and kept informed at all times.
- Children and staff will both wash their hands

Nappy Changing

Catkins preschool is an inclusive setting and we do not discriminate against children that wear nappies.

To ensure good hygiene for children the pre-school staff will:

- Change a child's nappy once within a session and more often if necessary.
- A child will never be felt to be ashamed for wearing a nappy.
- The child will have their nappy changed on a changing mat on the changing table. The changing mat must be cleaned with an antibacterial wipe after each use.
- Staff must wear gloves when changing a child's nappy
- The parents must provide nappies and wipes to be used by staff. We will keep spare nappies and wipes.
- If the child's nappy has leaked onto their clothing then they should be changed and soiled clothing will be securely wrapped in a nappy bag and placed with the children's work..
- Soiled nappies, wipes, gloves and aprons should be placed in a nappy sack and tied.
- Staff must wash their hands thoroughly after changing a nappy.